



吳東衡 先生
紀念輯

*In Remembrance of
Mr. Richard Wu
1952 ~ 2010*

A dear friend and mentor of Toastmasters



Richard Wu
1952 - 2010

Our dear friend and mentor forever



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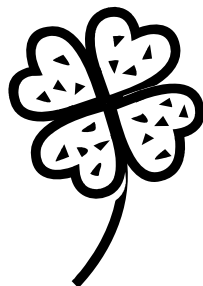
Special Meeting in Memory of Richard Wu

Time : Jan. 25, 2011 7:00-9:30pm

Place : 豐原三皇三家餐廳
(FYTC & TEATC meeting venue)

AGENDA

Time	Content	Person in Charge
18:30 - 19:00	Reception	Agnes Chang / Teresa Chang
19:00 - 19:05	SAA	Michelle Lai
19:05 - 19:10	Song - Do Not Stand at My Grave and Weep	All attendees
19:10 - 19:15	Toastmaster's opening comments	Vincent Wang
19:15 - 19:25	Introduction & Sharing	James Lin - IPDG
19:25 - 19:32	Sharing	Grace Shih - LGET
19:32 - 19:40	The Spirit of Richard	Charles Chan
19:40 - 19:45	Toastmasters History of Richard	Susan Lin
19:45 - 20:00	Intermission (15 minutes)	
20:00 - 21:25	Sharing (2-3 minutes each)	All Friends from Toastmasters Clubs
21:25 - 21:30	Toastmaster's Closing Comments	Vincent Wang



吳東衡先生紀念會議緒言

James Lin, DTM, IPDG of D67

林義雄醫師 剛卸任 D-67 地區總會長

January 09 2011

Our beloved member- Richard Wu, passed away on Dec. 15, 2010. (58 years of life) We were very sad and startling, even eyes were brimming with tears and members were crying together when we heard the shocking news. We lose a kind friend and spiritual leader forever when he left.

我們敬愛的吳東衡會友於民國九十九年十二月十五日離開我們了。這個驚愕的噩耗傳到我們的會友後，除了震驚遺憾，許多人更是滿臉淚水或抱頭痛哭，久久不能自己。他的突然永別，讓我們頓失一位君子好友與精神導師。

Richard left us, but looking back his 14 years history in Toastmasters, we are keenly aware of his humble and sincere personality. He made a great contribution to Toastmasters—he served or led members actively and dedicated to publicize or charter new club. Hence, his spirits of selflessness and enthusiasm have become our role model for all of us to follow.

東衡先生雖然離開我們了，但觀察他在演講會的十四年期間，我們都體會到他的為人謙虛熱誠，尤其他對國際演講會的無私奉獻，平常積極為會友服務與指導，並且致力於推廣及開創新會，貢獻良多。因此，他的待人處世及無私奉獻精神，早為我們景仰及追隨的典範。

To cherish the memory of our good friend, Richard Wu, and to recollect his life style in Toastmasters, also to show our friendship concerning among Toastmasters, we arrange the special commemorative meeting and edit a memory booklet to memorize him.

為追悼我們的好友東衡先生，以回憶他在演講會生活點滴，並表現演講會社團的友誼關懷，我們特別舉辦一場追思會，並制作一本紀念冊，以共同來懷念我們的好友—東衡先生。

We will open the stage for you to share your experience with Richard during the meeting. For the purpose of editing a commemorative album for this special event, we also invite you to donate an article and photo (It's perfect if you have photo with Richard together) which will be printed in the album with your article.

會議中，我們將開放或邀請來賓上台，分享你與東衡先生互動的回憶，也請事先準備文稿及提供照片(最好是你與東衡先生的合照)，以便編集成冊作為紀念。

Life is unpredictable, so how to know or diagnose a disease in advance and how to pre-arrange your future life become the most important issue we have to consider now. Hence, you can mention some ideas you have in both of your address and article for our future reference.

因為人生無常，如何事先警覺自己身體的變化，以及今後如何事先規劃自己未來的人生，都將成為我們需要面對的課題。因此，你也可以在會中或專文中，表達你將如何面對這個課題，以供大家的參考。

Finally, I'll represent all of the special memory meeting team members to express our respect to the family members and friends of Richard Wu for your participation and our appreciation to all of you for your articles and photos. With your support, the special meeting becomes successful and meaningful.

最後，謹代表籌備會的全體委員，對撥空參加紀念會的東衡先生親人及好友或演講會會友們，表示我們萬分的敬意，也對提供紀念文章或照片的會友表達我們的感謝！

Sincerely Yours

敬祝事事順利，身體健康！

Soar to a New Height!

展翅飛揚，再創高峰！

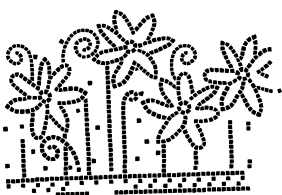


Commemorative meeting Committee

Honor Chair	Charles Chan, DTM, Past Division B Governor
Chair	James Lin, DTM, IPDG
Co-Chair	Michelle Lai, Division L Governor
Member	Agnes Chang, President, Taichung Elite Advanced TC Vincent Wang, President, Fongyuan TC
Editor	Teresa Chang, Area L-1 Governor

紀念會籌備會委員會

榮譽主席	詹德聰	前 B 部總監
主席	林義雄	剛卸任總會長
副主席	賴秀春	L 部總監
委員	張潔芳	台中精英進階英文演講會
委員	王炳森	豐原英文演講會會長
編輯	張海星	L1 區總監



懷念吳東衡會友

去年十二月十九日參加中部英語會幹部訓練時，由前總會長林義雄先生的夫人張潔芳女士的口中，得知吳東衡會友離世的消息。消息來得突然，再加上林夫人眼眶泛紅、淚光閃閃的不捨神情，讓我感到十分錯愕又不勝唏噓。

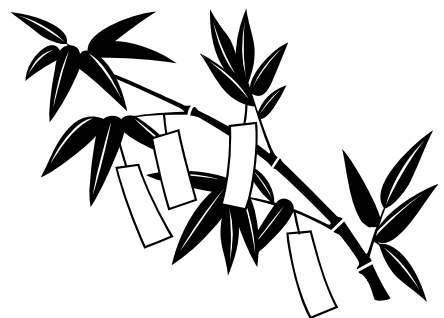
早期中部與南部的演講會之間有頻繁且親密的互動，常有交流甚至共同舉辦活動。仍是資淺會員的我，透過南部前輩們的介紹，認識了中部的一些會員，吳東衡會友是其中的一位。每次有機會見面，他總是面帶微笑，開口說話時總是溫文儒雅，讓我覺得他是一位十足的紳士。後來得知吳東衡會友是一位警官時，他在我心裡的形象，大大改變了我對警察人員的看法與印象。

2002-2003 年間，詹德聰會友擔任 B 部總監，我擔任 D 部總監，我們同為創部總監，對這個新職務既期待又忐忑。當年由於世界總會長 Gavin Blakey 選擇台灣為他任內官方拜訪的國家之一，所以當時的 B 部總監詹德聰會友選擇主辦秋季大會，把主辦春季大會、接待世界總會長的重任交給了我。2002 秋季大會的地點是在大甲鎮瀾宮文化大樓，時任區總監的吳東衡會友是詹德聰總監主辦秋季大會的得力助手，整個秋季大會辦得有聲有色，讓參加的會友們印象深刻。我帶著學習與觀摩的心情全程參加。令我感動的除了吳東衡會友熱情的款待，對於我有關主辦全國大會相關事宜的詢問，他總是毫無保留、詳細的為我介紹與說明，對於即將籌辦 2003 春季大會的我，不但提供很多經驗的分享，更給了我很多鼓勵。

當張潔芳會友對我談及吳東衡會友離世的消息時，我看到的是大家對吳東衡會友的敬愛與感謝、對失去這麼一位好朋友的不捨與不願。吳東衡會友的一生豐富而精采；他是一位為熱愛學習，熱愛分享，熱於服務，協助他人成長的心靈導師。他勇於付出，善待眾人；他創意十足，領導群倫。他是一位我們的好朋友、導師及一位滿穗飽仁的智者。

如今他已放下勞苦重擔，結束人生的旅程，進入另一個未知的世界。我們有幸與他共渡一段美好而值得懷念的人生旅途，而他豐富而精彩的人生給我們許多的啟示，深深的影響了我們。吳東衡會友將永遠活在我們的心中。

施惠芳 謹書
2010-11 教育副總會長



Richard Wu, a Friend in Need, a Friend Indeed

Charles Chan, DTM

It's very hard for an old man like me to shed tears but I cried twice for Richard's passing away as he was a real friend dearer to me than a real brother. One of our friends told us once he went to Richard for help hoping his fine of speed ticket from the police could be removed as Richard was a high ranking police officer. Richard couldn't reject a good friend but he paid up the fine from his own pocket for the friend and told him it's not good to speed up so fast.

He went to do volunteer works in Whei Min Blind School and adopted the underprivileged students paying tuition for them. At Richard's funeral service in the Church, those blind school children witnessed to tell us the story that all their happiness and well-being were lying in Richard's love and care for them. Those blind kids told us how Richard taught them to realize and understand the elapsing of TIME through the feelings of sunshine and shadow, and how to feel and touch the braille and the hands of the clock through their sensitive finger tips to sense and understand time and hours. Richard also told and showed them how to enjoy the beauty of nature and then guided them to touch and feel the intricate structures of a pot plant. As a music lover, Richard taught them how to know, to listen, and to enjoy the beautiful feelings of sound and melody, and then taught them how to play Chinese two-string guitar. That's amazing. That took him a lot of time, and tremendous patience and persistence to make the operation and performance possible and right for those blind kids. With Richard's spirit and faith in his God, he had done those matters perfectly. That's why those kids would say their happiness was lying in the bosom of Richard's love. That was, and is, the esthetic foundation that Richard had built in their mind for life. The values Richard set for them were, and are, invaluable and everlasting. It's an amazing task. It's a great love.

As a pious and dedicated Christian Richard went to Church to do Sunday Service regularly. He would always actively greet and assist those who were weak and old, as well as junior believers as much as possible to give them mental and physical support, including service and money donation. He had born tremendous passion and patience, enthusiasm and dedication, love and generosity for his Christian brothers and sisters as well as for all the people around, including us fellow Toastmasters. In his doing good deeds of various kinds for others, he offered lots of time and money donation. As far as we have known, he had contributed both to anyone who needed his help and support, and he just had done it with ease and perfect willingness. That's Richard's spirit and virtue. Those were his handsome characteristics and personalities that



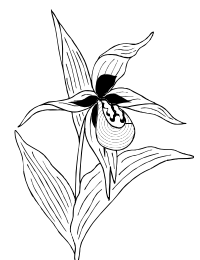
we admire and take after.

When Richard first joined FYTC in 1997, he would always made his speeches on the breaking-up of criminal cases as he was skillful and learned on it. They were rather stiff and not humorous. But just a short while, he got in contact with some senior TMs such as Dennis Chen and David Wang, he soon had grown and developed to be a very experienced, humorous speaker. He had become so encouraging and supportive that he would always motivate the speakers very much in his evaluation on them. In 2000, he joined a five-man team of FYTC to represent Taichung City to compete in a Nation-wide English Speech and Debate Contest which was sponsored by the Ministry of Education, R.O.C. That was a nation-wide English contest for the people of all walks of life including English teachers and professors in Taiwan. Richard's profound knowledge and eloquence helped the team win the Second Place of all in Taiwan. That was a marvelous success and achievement of FYTC.

Richard was cordially invited by me to join TEA-Club and take the Club Presidency in 2007. But he created the unique way of running the advanced club operation by drawing lots just before the regular meeting starts to decide which assignments to take , including impromptu speech and instant interpretation from Chinese into English and vice versa. That was, and is unique in Taiwan. That is very interesting and efficient way of playing Toastmasters. That was Richard's creation and we will maintain and sustain it for good. In honor of Richard, we will make TEA-Club sustainable lastingly.

Richard was a Great Toastmaster and a Great Leader. He would always say "Yes" to EVP. He had never been a day absent from regular meetings. He had been FYTC

President, Taichung Area 6 Governor, Division B Governor 2003-2004, and 2003 District 67 Convention Chair, that Convention was held in Providence University, Taichung. That was the first time we District 67 closely connected with a University. He was always gentle and smiling. He was a man of devotion and integrity. He was a great friend. He was a great Sponsor, a great Mentor, a great Coach and Trainer, a great Facilitator and Coordinator. He was our Role Model and good Example. His passing away has made us lose a tremendous asset of Toastmasters. His good deeds and kindness will live in our mind forever.





Richard Wu's History in Toastmasters

By Susan Lin

Richard Wu was born on Jan. 1st, 1952, and passed away at the age of 58 on Dec. 15th, 2010.

As if in a flash of time we feel, Richard showed up and then disappeared, so quickly. Like journey in a train for all of us, Richard Wu came aboard, stayed a while, learning, working and sharing laughter together with us in this big family of Toastmasters. Now he has departed from the train, and left behind a legend for us all to remember him with fun and respect. With his commitment and dedication to the work which we all have witnessed, Richard has left us many of his marvelous achievements in Toastmasters. We remember so vividly all these pictures of his time with us.

There are these many days of his coming and going that we all recall in our hearts:

In 1998, Richard joined Toastmasters in Fengyuan Toastmasters Club (FYTC).

In 2000, he served as the club mentor of Ta-Chia TC.

In 2001 ~ 2002, he was the honorable 6th president of FYTC.

In 2002 ~ 2003, he was the Area 11 Governor.

In 2003 ~ 2004, he was the Division B Governor.

In 2004, he successfully held the District 67 Fall Convention in Ta-Chia.

In 2004 ~ 2005, he conducted a regular Round Table meeting in FYTC.

In 2005, he was the club mentor of Wen-Chung TC.

In 2006, he was the club mentor of Huluton TC.

In 2006, he served as a volunteer teacher in the English class in Taichung County Health Bureau

In 2006, he served as a volunteer English teacher in Taichung City Jail.

In 2008 ~ 2009, he was the charter president of Taichung Elite Advanced Toastmasters Club (TEATC).

At the end of 2009, he temporarily left Toastmasters for his personal reason, but he was eager to come back to Toastmasters after his personal issue was over.



In Memory of My Spiritual Mentor---Richard Wu

懷念我的精神導師吳東衡先生

James Lin, DTM, IPDG

林義雄 剛卸任 D-67 地區總會長

January 9, 2011



I was very shocked and my eyes were brimming with tears when I was told that you left us and returned to heaven, although the news came to me a few days later. People say that life is unpredictable and anything may happen any time, but I still can't believe that it happened to you already, such a nice man as you.

雖然晚了幾天才獲悉你已離開我而到天國逍遙，但那一瞬間，讓我內心激動而眼淚奪眶而出，久久不能自己。雖然說，人生無常，任何事情皆有可能發生，但我也認為這種事情怎可能會發生在你這麼優秀善良的人身上呢？上天或許也會有不公平的時候吧？

We joined Fongyuan Toastmaster club almost at the same time 14 years ago to learn the skills of communication and leadership. Quite frankly, I didn't pay much attention to the program of Toastmaster as you did at beginning. But after my observation for long time, I witnessed those you, as well as other members such as Dennis Chen or Charles Chan, were learning intensively, even took club's officer position to serve members enthusiastically, also dedicated to charter new clubs and finally promoted to become Division Governor-- an excellent leader. You had made a big contribution to Toastmasters. Your sincerity and enthusiasm have affected many members. Following your step, I started my service by accepting the position as VPPR of FYTC in 2002 to serve members. Several years later, I was elected to the highest position as District Governor of D-67 in 2009 under members' endless encouragement and support. I obtained the position and honor just because I followed your spirit to serve members sincerely.

我們前後加入豐原英語演講會，共同學習溝通與領導技巧，迄今已逾十四年了。老實說，前幾年中，我並不像你那樣全心投入。但目睹你們，包括陳祚苑及詹德聰等會友們，專心學習，又擔任分會幹部熱心服務會員，並且致力推廣及創立新會，而後被選為部總監，成為最傑出的領導人。對國際演會而言，貢獻良多。你的熱誠奉獻精神，已感動了許多會友。我也是受了你們的感召，而在 2002 年決定擔任豐原分會的公關副會長，開始服務會友。爾後，受大家的鼓勵與支持，晉升到擔任總會長的職位。我有這個榮幸，就是受到你的感召而決定追隨你的腳步，以熱忱的服務來領導整個大團隊。

You deserve your achievements and our respect. I recall the day we worked together, you assisted many senior members to charter many new clubs in Central Taiwan, for

example, Da-chia TC, Wen-Chun TC and Anvil TC, etc. You also helped me to charter many clubs later. Moreover, you accepted my invitation in 2005-2007 to Taichung County Public Health Bureau and Taichung Prison to open English Talking classes to promote the English speaking ability for many people. I think it's the happiest time we had in those years.

回憶我們幾年的相處的期間中，你有許多讓我們敬佩的事跡，包括你協助幾位資深會友，共同創立了幾個分會，例如大甲，文昌或鐵砧演講會等，後來也協助我開創許多分會，你真是最會接生的會員。此外，你不辭辛勞，在 2006 年期間，接受我的邀請到台中縣衛生局及台中監獄等地，開創英語會話班，幫助別人英語能力的提升。我常認為，那是一段最美好的共同奮鬥時光。

I also found that you have many excellent characters of leader when recollect your philosophy of life with others. It includes:

1. Kind and gentle personality--- treat people kindly and never lost your temper.
2. Integrity--- Insist to follow the idea of extension and service of Toastmasters.
3. Learning spirit--- you are an erudite leader but never stop to learn.
4. Lead by service--- Never regretted to serve members and to help clubs to growth.

回想你的為人處事，我發現你有幾點令人折服的領袖氣質，包括下列幾點：

- 一、仁慈溫和的個性：待人隨和而從不發脾氣。
- 二、正直的氣質：堅持演講會的推廣及服務理念，從不打折。
- 三：學習不已的精神：博學又好學，教導會友。
- 四、服務的領導態度：無怨無悔的服務態度幫助會員及分會的成長。

I believe that all of your special characters are worthy of our respect and following. I was fortunate to have your accompanying and support to become an excellent member. In the future, I will still follow your spirit to serve more members.

我認為，這些特質都是你吸引我們的尊敬並加以學習的原因。我慶幸過去有你的相陪及支持，而成為傑出的會員。今後，我也效法你的特質，真誠服務別人。

Wishing you have peaceful rest with God in Heaven!

安息吧！祝你一路好走，逍遙天國，安享無限的快樂與自在！



再見！ Richard

FYTC 發起人 Dennis Chen



Richard Wu 在 FYTC 創會第三年，加入了本會，十多年來一直是最盡職的會員之一。這些年來給我們的感覺就是健康、熱誠和負責任。尤其是健康我總是把它擺在最前面，沒有料到幾天前突然接到他逝世的噩訊，震驚之餘只好解釋為他是被他敬愛的上帝召回天國去和他的愛妻相聚。在這裡慎重地向他說「再見！你不過是比我們早走一點而已，我們終有再相聚的日子。」（只有好人才能上天國，演講會會員都是好人；壞人才不會浪費他們寶貴的時間參加對他們無益的會。我們都有上天堂的機票，只是未填上日期而已。）

雖然器官不同，我在十一年前跟 Richard 一樣患了嚴重的癌症。他沒有機會好好治療就走了，而原來就病弱的我尚能倖存。到底是天有不測風雲？還是因我有堅強的生存意志呢？大約在二十多年前我被一位「氣功大師」檢驗過，他驚訝地說照他的診斷我不應該還在世上，可能是我的意志堅強，才能苟活下來。他的意思是說內在的意志力受勝過外在的強壯。

當我街接到癌症診斷書時，難免跟一般人一樣，眼前一陣黑，驚惶失措，猶如「風前的燈火」不知道多久會被熄滅。幸而內人在旁一直鼓勵我，點燃為生存而奮鬥之火，做背水而戰的決心。經歷了非常艱辛的六個月治療期而終能出院。我很感謝 Arthur Hong 強力推薦他夫人治療過的醫院及醫療團隊。在那期間，我完全配合他們，雖然有不少人士向我推介「特效藥物」「秘方」及「特殊療法」我都不理睬。

我只採用自己發明的音樂療法，整天聽我最喜愛的錄音帶，使痛苦減輕，心靈平靜。這點對我很重要，尤其是聽自己唱的歌曲，祈願不久還有演唱的機會，也就提高我的士氣。我一直鍾愛這療法。就在三個月前，因大便滲進大出血，緊急住院做消化器官到排泄器官的總檢查。友人們警告我說大腸鏡非常不舒服，勸我選擇麻醉無痛檢查。不巧那天醫院裡沒有麻醉師，我把 MP3 帶進去問檢驗師，可否使用而得到首肯，進一步問他是否可唱歌，也獲得許可。雖然室內還有幾位同時在檢查中，不管三七二十一，我就跟著 MP3 的歌曲，一曲跟著一曲大聲的唱下去，大約十多首後，檢驗師拍我的肩頭，說結束了。我因太沉迷於唱歌，完全沒有感到痛苦或不舒服。從這件事可證實音樂療法的優異性。

由於預料到治療時的嚴重副作用——嘴裡面，包括舌頭會全部發炎劇痛，醫師在前一天，在我的肚皮開洞把管子連到胃裡面。治療期間全靠營養師計算好的營養液維持體重(72.5 公斤)。退院時醫生吩咐改用口進食。我的體重在不到半年降到六十五公斤。原因是沒胃口，化療藥非常毒(如果滴到皮膚，皮膚會爛掉)，打進血管時要同時大量水去沖洗。每次治療是星期一上午到星期六中午，晝夜不斷，如此一共做了四次，原來預定隔週做一次，結果實在身體負擔不了如此折磨，延期等恢復免疫力及體力再做下一輪。放射線治療倒比較順利，每週五次，按時

做，在中間休息了一星期而已，一共做了七週 35 次，已經做到極限。在如此痛苦的煎熬下，身心受損就非常嚴重，原來預定的治療期間也拖延了。

化療及放療在我身上留下了後遺症，牙齒一顆一顆掉下，現在下排牙齒只剩下一顆，更甚者，我的牙床內部已壞死了。本來我不知道這狀況而在牙醫做假牙，結果吃東西時會痛，當時以為牙醫的技術不良，調整了數次，沒有改善，後來有次咬硬麵包時，假牙就插進牙床裡，剎那間劇痛及下巴腫大，令我大叫大喊。口腔外科醫師照半圖 X 光，才診斷出下排牙床已大部份壞死，上排也有些症狀。止痛藥及三星期的抗生素後，醫生要開刀切除較嚴重的部份五公分左右，已安排日期，麻醉師也給了許可。可是內人及親友們都反對，開刀後臉孔會扭曲，飲食更困難，講話唱歌會很差，就是說情況不但未改善反而會更差，我也同意他們而臨時喊停。還有一樣很嚴重後遺症，每天要面對忍受的是口水變少，吃東西沒有味道。出院時甜味感覺不出，而鹽味且太刺激而受不了，更不用說辣味。難怪體重短期會大減。味覺在一年後慢慢回復，口水也在白天好轉一些，但半夜睡眠時，因口乾而醒來四次左右，嚴重影響睡眠。

我之描述這樣多的癌症，就是要傳達，癌症病人幸而逃過死亡，還得忍受痛苦的後遺症及副作用，還得時時擔心是否會再發或轉移。『預防重於治療』，是每一個人為自己的健康、幸福及生命應該最重視的事。日本的專家說日本在十多年後，每兩個人就有一人會在一生終會患癌症。台灣當然也會急起直追，比率如此高，不應有僥倖的心態，說不定癌細胞已在慢慢發展形成，只是還未發作而已。如事先有在預防，至少可拖延發病，或症狀減輕有機會治癒。最好能夠避免 Richard 或十一年前的我同樣的遭遇。我為了避免再發或轉移做下述預防措施，提供參考。

一. 減少壓力：減少慾望，對自己不要期待太高，凡事盡力就好，知足常樂。培養嗜好(我對音樂及讀書很入迷，金錢、精力及時間多花費在這些上)，運動、打麻將(不涉及賭博)，擺龍門陣也不錯。

二. 生活要規律：週日的上午在長青學院上課，早晨六點半到附近公園健步和唱歌。如此可強迫自己過規律的生活。

三. 飲食：採取蔬食加魚和海鮮的飲食。不吃肉及牛乳(但有時喝優酪乳)，不吃油炸食物，少吃白飯及麵類、白麵包、點心及加工食品(主食以糙米、五穀米、健康素粽子及芝麻餅為主)，每週兩、三個雞蛋。早上是帝王式的早餐：500 CC 的豆漿加糙米漿，再添加杏仁粉、燕麥粉、酵母、亞麻仁粉，芝麻粉及卵磷脂各一小匙的飲料，再加半塊新鮮豆腐以及主食，三餐均有水果(香蕉、蘋果、葡萄為主，加上當季水果)，主食外就是蔬菜、豆類、地瓜，魚和海苔片等。餐後我還有三樣秘密武器輪流使用。(1)內人做的浸過琴酒的金色葡萄乾一次 7、8 粒。(2)內人做的浸過洋蔥的紅葡萄酒一小杯。(3)委託有機店做的浸過山葡萄的天然醋一小杯。以上是我日常的食物。至於飲料以少糖為原則，絕不喝碳酸飲料，梅汁、少糖(一



點冰糖或三分之一包白糖)的咖啡(每日最多一杯)，每早出門前，內人要我喝一杯滲洋蔘粉的溫開水才能出門。其餘就是白開水，有時加一點無糖梅汁。

為了平衡營養，免於偏食，根據許多資料，製作許多有益健康食物名單，定期(每週或十天)檢討，如有較久未食用的提醒內人購買或與他同去超市時，順手放入籃子內。

名單如下:薑、大蒜、蒜頭、咖哩、高麗菜、花椰菜、蘆筍、番茄、胡蘿蔔、薏仁、山藥、牛蒡、黑豆、綠豆、紅豆、地瓜葉、酪梨、堅果、檸檬、味噌、菇類、海藻類、綠茶，名單隨時會增加，由於一些食物有季節性，所以這名單是參考用的。

依據日本專家的統計，唾液減少症的患者因食物消化不良，加上容易讓細菌病毒侵入氣管肺部等，平均會短壽五年。我有同樣毛病加上缺牙，情況更糟，因此特別留意飲食。改善飲食不僅防癌，對其他疾病也有效，也有助於身心健康。

有人說過 ”每人都想上天堂，可是沒有人談死亡。” 大家都想長壽，可是長壽要有健康才算幸福。專家說癌症是一種警告，我從那警告得到慘痛的教訓，也改變了人生觀，立志成為推展健康飲食的志工，如有人因看過本文而做了些許改善，我願已足矣。

在此說一聲， Richard， 再見！

April 15, 2003 FYTC 7th Anniversary in 豐辰太 Hotel
(L to R) Arthur Hung (3rd President), Charles Chan (Charter President), Susan Lin (7th President), Dennis Chen (Club Founder), Richard Wu (6th President)



10 Aces To The Memory of Richard Wu.

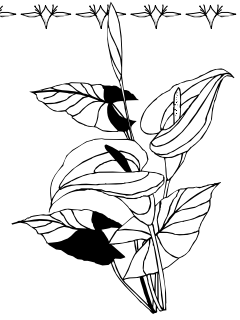
-- O! When moment meets eternity, humanity
kisses divinity. ~~~ By Arthur Hong

*A talented genius he may not be ;
A diligent intellect he is indeed !
A fluent speaker he may not be ;
A sincere performer he is indeed !
A sweet fellow he may not be ;
An integrity comrade he is indeed !
A meditated wisdom he may be ;
A humble being he is indeed !
A human protector he may be ;
A God servant he is indeed !*



To: herng.wu@msa.hinet.net

From: Grace Hsu



Dear Richard,

I wonder if you'd be able to receive this message this time, as more than ten years in the past, we used to communicate via this way to share valuable articles, breath-taking photos and heavenly voice of singings. Because of sharing and learning from the same beautiful messages, I had been becoming as elegant and graceful as you were, birds of the feather.

Personally, I think we are close friend by serving as the same officers team, fostering the same new club, and – having the same age. Being the good old friend, what impressed me the most about you, besides your decent characters which I am not going to mention more as friends all had known and remembered about those, would be your speeches I had listened. Those were about inspiring character-sculpturing and informative also educational criminal cases you had dealt with in your career, even you gave us that kind of message instead of your personal information in your C1 ice-breaking. Fortunately, we had enough time to know you well.

In Toastmasters meetings, I believe that audience may sometimes pretend that they 100% comprehend a speech. Why, Richard, I have to tell you a secret. One night while we were still in FYTC, I was assigned as the Master of in-club contest, I got the agenda and found that I could not read the word in your speech title –Abien, I felt it would be a shame to ask the meaning so I came to you and ask: “Richard, are you one of the contestants tonight? What is your speech title?” and your reply was “The title is – The man Abien (阿扁)”, so I announced the speech title easily. After the speech contest during the intermission, J.S Lin came to me and said with a timid smile: “I was curious about the word Abien and dared not to ask.” Take this experience, when hearing new members feel bad about their listening comprehension in the meetings, I used to comfort them that don't be cheated as other audience may just pretend. Ha Ha Ha! It worked, new members relieved.

Recently, the Earth may have been sick – severe cold snow storms in the northern part and flood in the southern part of the earth, Richard, from now on, your are excused from experiencing these disasters and resting peacefully in the heaven. This may be good for you, however, it's really hard to let those good old memories go.



Good bye ~ 瀟灑一生 優雅一生的 Richard.

Best Wishes,

Grace

In memory of Richard Wu

By Susan Lin Jan. 25th, 2011

In 2001-2002, I served as the EVP of FYTC, the most important officer's position with the then president, Richard Wu. Because of the close team work required I came to know him quite better.

He was smart, a man of efficiency, few words, and worked very hard. His president's job was extremely heavy because of the departures of many of the club officers who left FYTC due to

job relocations or personal reasons, etc. However, Richard performed like a superman; without complaints, he fulfilled his president's job with one hand, and handled the other officers' jobs with the other.

I'd say if my EVP job was like part of a train, then Richard, our 6th president, was like the powerful locomotive engine. He helped on my EVP job, led the club and made the train of FYTC run smoothly, and left behind a great legacy of credits to claim: In his term FYTC won the Select Distinguished Club award and produced one District Speech Contest champion, Lily Tseng.

Richard successfully made an extraordinary spotlight in the glory of FYTC and left with us a beautiful page in the history of FYTC.

On June 9th, 2002, the day of FYTC's Club Officer's Installation, Richard passed his president's gavel to me, and I became the 7th club president; meanwhile, he was promoted to be Area 11 Governor. As we all could see, Richard played a tremendously important role in Area, Division and District Conferences in the following years. He was considered to be a potential future District Governor because of his superb abilities, sincerity and always being so responsible yet serving with such a kind heart.

In my presidency, Richard, IPP, was one of the most helpful mentors for me to consult with. He was always there whenever I needed him. There is a clear picture in my mind which will never be forgotten, Richard used to have some tiny yellow sticker pad in his shirt pocket, and he would take it out to jot down the questions whenever he couldn't offer me the immediate answers, and soon later, the answers would definitely appear by e-mails.

That was Richard, a man we all could count on. He was truly marvelous, trustworthy, and devoted; when we had him it was as if we had everything. He was completely like our dear brother.

June 23, 2001 FYTC new president Richard Wu in Installation Ceremony



However, life is like every thing else, it is ever changing; nothing can really be permanent. Richard stayed away from our sights farther and farther in the pass few years. He quit FYTC & TEATC and ended his entire Toastmasters career in late 2009 for some personal reasons. Since then, sporadically some of us heard from him, but we never could see him again even though we missed him a lot.

On the day of December 15th, 2011, he left us the last time for good because of a sudden illness. It was shocking and heartbreaking. We just couldn't bear losing our dearest brother, couldn't hold tears, we wept, sobbed and regretted the togetherness we could never make up any more..... How he could leave us like that! -----

Richard came to our lives, left precious footprints in our hearts and in those of Toastmasters. His spirit is immortal and will stay forever in Toastmasters.

May Richard rest in peace along side his Lord, Jesus Christ.

June 29, 2003 Area B3 Installation



June 23, 2001 FYTC Installation Ceremony – (L to R) Bin Bin Lin, Grace Hsu, Anderson, Susan , Richard, and David Wang



I Lost a Good Friend

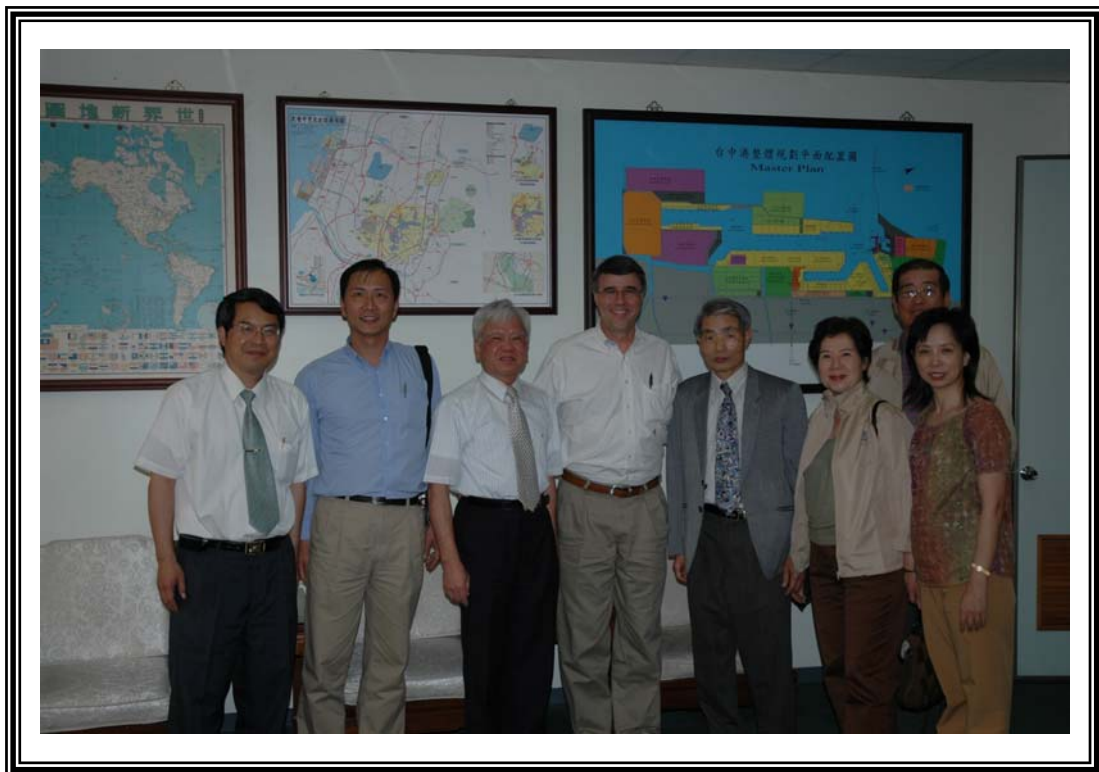
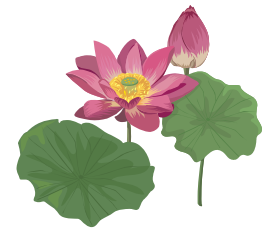
Richard and I joined FYTC almost at the same time in 1998. He was an active member, knowledgeable, responsible and helpful.

After a short time, he became club president, area governor, division governor. He donated his time and energy to be the sponsor or mentor for many new clubs. We also went together to help James to run English conversation class for County Health Bureau and Taichung Prison for quite a long time.

He accepted all of TEATC members' expectation to be Club's charter president while we TEATC met the critical moment. He led our meeting not only warm and successful but also unique around the Toastmasters organization. What a nice person! We all love him. It's really a great pity and loss to us that he left us so soon.

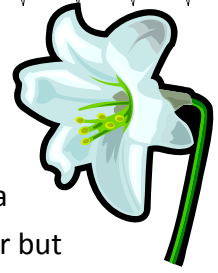
Richard, I will miss you and remember your spirit forever also wish you stay in the heaven peacefully and joyfully forever

Agnes Chang / TEATC president



Farewell, My Friend.....

Lily Tseng



“Good evening, ladies and gentlemen. Today we are honored to have invited a high ranking officer to make a speech for us. He is not only a dedicated toastmaster but also a role model for all of us. I’m sure you all know who I am talking about. Let’s put our hands together in welcoming my dearest friend, Richard Wu.....”

Remembering back ten years ago, being a Toastmaster of the meeting, I used to introduce Richard that way. I often tell my non-toastmasters friends about a special person I know in FYTC. If I have to use a word to describe Richard, it would have to be “righteousness”. Nowadays, it is very rare to find someone in the government agency that is not even slightly affected by the corrupted bureaucracy. Many people think that knowing a police officer means having access to lots of convenience. However, it is contrary to the belief in Richard’s case. For instance, if you get a traffic ticket, many people would probably choose to give it to their police friends in the hope that the ticket would vanish into thin air. Have you ever thought where the ticket has disappeared to? Well, most officers would take your ticket off the record to avoid the fine, but Richard would choose to pay the fine for you to abide by the law and do a friend a favor at the same time. Hard to believe, isn’t it? Well, that’s Richard.

Richard and I shared an extraordinary experience together. In spring, 2002, I had the privilege of representing the central division to compete in the national prepared speech contest. Richard was the president of FYTC at that time. He reached out his helping hand and supported me throughout the long and difficult journey to achieving my championship. He was willing to go through the trouble of putting together rehearsal after rehearsal for me to practice in front of our members and providing me with ideas to excel my speech. He did everything not for his own benefit, but to help a friend succeed. He had shown me what toastmaster spirit was all about and he was the one who made me realize what the true meaning of toastmasters was. And I thank him from the bottom of my heart.



I really regret the fact that I had to write a eulogy about Richard under such circumstances. However, knowing Richard being a faithful Christian, I am sure now he is in God’s kingdom and looking down upon us. And not being able to say good-bye to Richard somehow makes me feel regretful. So, I would like to say to Richard up high in heaven, “Thanks for making a difference in my life. Farewell, my friend. May you rest in peace”.

I Entertained an Angel Unawares

by Michelle Lai

有眼不識泰山

2004 Richard came to Apostle English School; he gave us an address at the grand opening confidently and appropriately.



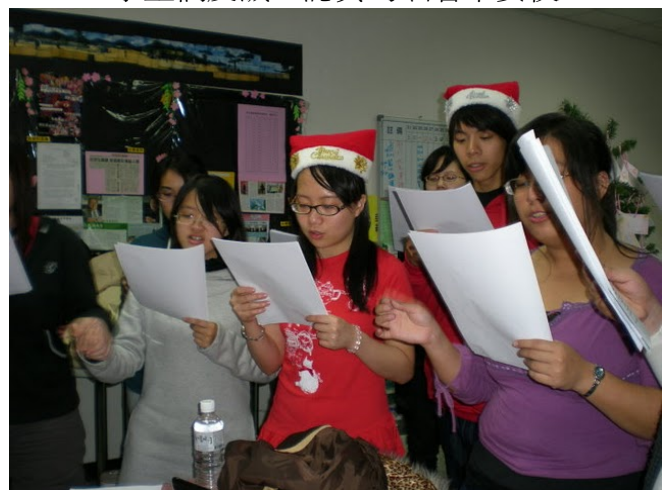
2008 Richard Wu, Jim Chiu, Maggie Chang and I taught in Asia University. I had a close cooperation with Richard teaching Oral Communication Program. We joined carpool to A.U. for one semester. In the car; we chatted about politics and stock chart, and we gossiped about celebrities excitedly. Maggie asked, "Richard, you are a Christian, Is that OK to talk about gossip?" He answered, "Life without gossip is boring." We laughed out aloud. We talked the gossips happily. This was another side of Richard Wu.

吳東衡的另一面： 2008 吳東衡，邱垂珍，張愛明 及 賴秀春 有過密切的合作；我們四位在亞洲大學--創意領導中心教授學生口語傳達課程 (Oral Communication) 每次上課我們都共乘一部車去學校，在車內談論政治，股市行情，興奮的談論名人八卦。有一次張愛明問道：吳東衡你是基督徒談論八卦好嗎？吳東衡答覆：不談八卦人生多無聊丫！ 大家都笑成一團，這是吳東衡嚴肅之外的另一面。

Richard guided students singing Xmas Carols 吳東衡老師帶領亞洲大學-創意領導中心學生唱聖誕歌



Students followed and sang sincerely. 學生們虔誠，認真的唱著平安夜





Exchanging gifts with students on Xmas Eve.
與亞洲大學生交換聖誕節禮物後來
個合照



Richard opening the appreciation card which
sent by all the students
吳東衡老師打開學生送給他的聖誕節感恩卡

Richard's life was colorful and meaningful
吳東衡老師的人生不但多采多姿也充滿義意



Life lies not in the length of days, but in the use of we make of them. Richard did lots of good deeds. He gave his love and money to Liu-Qui orphanage, Hui-Ming school. He was the volunteer teacher in Taichung prison. He never told us he did so much until he passed away. Richard was an unsung hero, I entertained an angel unawares.

生命的價值不在於能活多少天，而在於我們如何過得更有意義。吳東衡這一生不斷的為大眾服務，捐錢，捐知識助人，如六龜孤兒院、惠明視障者教養院、台中監獄。他從不炫耀，他是一位偉大的無名英雄，我真是有眼不識泰山。 ~~ Michelle Lai

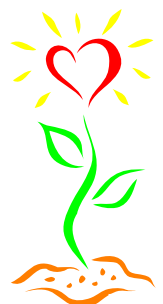
Dear Richard,

Perhaps not many people ever told you just how special you are, but the light that you emit can even light a star.

Perhaps no one even tell you how important you make others feel, many children out there smiling about your love is so real.

You live in our mind, never been forgotten. "

~~ Maggie Chang



Richard's Spirit Will Always Live with Us

--- by Jim Chiu

Really, it was shocking news, I was heart-broken when Teresa Chang told me: "Jim, do you know, Richard passed away?" I couldn't believe it was true; how could it be? Later, I got Susan Lin's mail describing this sorrowful news. Definitely, our beloved brother, Richard left us. We would never see him in the club with his kind, smiling face.

Richard Wu was one of my best friends in FYTC and In TEATC. It was the second meeting since I joined FYTC in 1998. Richard just sat beside me. At that time, I still didn't understand what the Toastmasters was. He kindly introduced the details of TMs, and explained how the meetings in TMs processed.



Pic. In 2002, during Richard's presidency, he invited the 2001 world Champion, Dareen LaCroix to deliver speech in the club



Over 14 years, Richard had been dedicated for TMs. He has served as the EVP and the president of FYTC, the Charter President of TEATC, and he had served as the Area B2 Governor, and the Division B Governor. During his

Visited the County Mayor with the World Champion

tenures of the positions, he had showed his decisive talent on his leadership. Whenever and whatever the matters came, he always quickly made the final decisions, and he always stuck to his decisions; no matter what happen or how difficult the situations were.



All the time, he had done as possible as he could to make his duties the best. During his presidency, as the



District governor, David Wang's support, he invited the 2001 World Champion to deliver speech in FYTC, and visited the County Mayor with the World Champion. It's the first time a world champion visited FYTC.

Besides Richard had served many important positions of TMs, he also had helped or supported chartering

many new clubs, such as Ta-chia, NCBTC, Fluency, TEATC..... He also had helped support many TMs activities. He had taught English in a jail; he had conducted the Speech Craft Program in Asia University. When Asia University students heard the sad news that Richard passed away, they were in tears. They said they wouldn't believe it was true.

During the period of hosting the Round Table in FYTC, he got a creative idea. He hoped to have a club whose meeting roles fulfilled their jobs with impromptu way; all the meeting role didn't need to pre-prepare before the meetings. That's why he created an ingenious club, TEATC. The meeting roles in TEATC don't need to be prepared before the meetings. All the roles are produced by lucky draws. The meeting roles need to fulfill their job impromptu.

Richard was a one of my best friends.

Just a week before I retired from my office, Richard, Charles Chan and Peter Fang visited the Port of Taichung. He looked so strong, young and optimistic.

Last spring, we heard that he needed to miss from TMs for a long period. Although I got his E-mail once, I never saw him again. I did not realize that it the way he said "Goodbye!" When I heard the sorrowful news from Teresa Chang and Susan Lin, my heart was broken. But I strongly believe that Richard's spirit will always live with us. He loved TMs so much. God bless Richard and his family.



好生好死—悼念在主裡睡了的好友

呂銘維



民國百年的元旦，早上跑了這一年度的第一次馬拉松，天氣雖冷，仍跑出了一身大汗，就是愛跑；下午參加了好友吳東衡（Richard）的追思禮拜，雖說君子之交淡如水，我仍不由自主地淌下了好多淚，就是不捨。

認識 Richard 是在大甲英語演講會（Tachia Toastmasters Club）準備要成立的時候，2000 年 6 月 16 日在大甲高中的視聽教室辦了第一場示範會議，Richard 為我們做了第一個示範演講，題目是：Rather burn than rust out，我當時的反應是這個警官怎麼能用英語演講得如此動人？此後，Tachia Toastmasters Club 成立，並在 2000 年 7 月 14 日開始第一次會議，Richard 被指派為 Tachia Toastmasters Club 的 mentor，雖然他當時還在台中縣警察局上班，我們多數只知道他是高階警官，因為他從未炫耀，從未因職務之便假公濟私。

Richard 在我們分會成立的第一年，不曾間斷地來輔導我們，我們自己的會員出席率沒有幾個可以和他一樣全勤，他博學多聞，有問必答，他是我們 Tachia Toastmasters Club 的最佳導師。現在回想起來，原來他在給我們的第一篇示範演講中，傳達的不僅是告訴我們：無論我們的教育背景為何、無論我們的年齡大小，只要肯努力，我們都可能學好英文，我們都可能學好溝通技巧。他燃燒自己，為了幫助更多的人，他的樸實與身體力行，留下了讓人懷念的領導風範。

Richard 在卸任豐原英語演講會會長之後，先後擔任了 Area 11 的 governor（2002-2003）和 Division B 的 governor（2003-2004），我有幸能在他之後，先後接任 Area governor 和 Division governor，十年來的亦師亦友，他的提攜與無私奉獻，著實讓我獲益良多。他話不多，但句句真誠，不用心計，無須揣測，與之相處，總是輕鬆自在，Richard 給我的感受是「敦厚樸實、謙和勤奮、擇善固執，勇於承擔，樂於分享」。

最後一次私人見面是 2010 年 1 月 11 日下午，他到我店裡來，那時他還是很健朗的老樣子。我沒有印象他是否出席了 2010 年的春季大會，只知道他有一段時間不方便出席 Toastmasters 的活動。2010 年 10 月 10 日，Tachia Toastmasters Club 舉辦十週年慶活動，我當然很希望他能出席，但是基於君子之交，不好強人所難，我並未嘗試施壓要他一定得來，如今想來，還是有些遺憾。

2003 年 11 月 9 日在靜宜大學舉辦的秋季大會，Richard 是大會主席

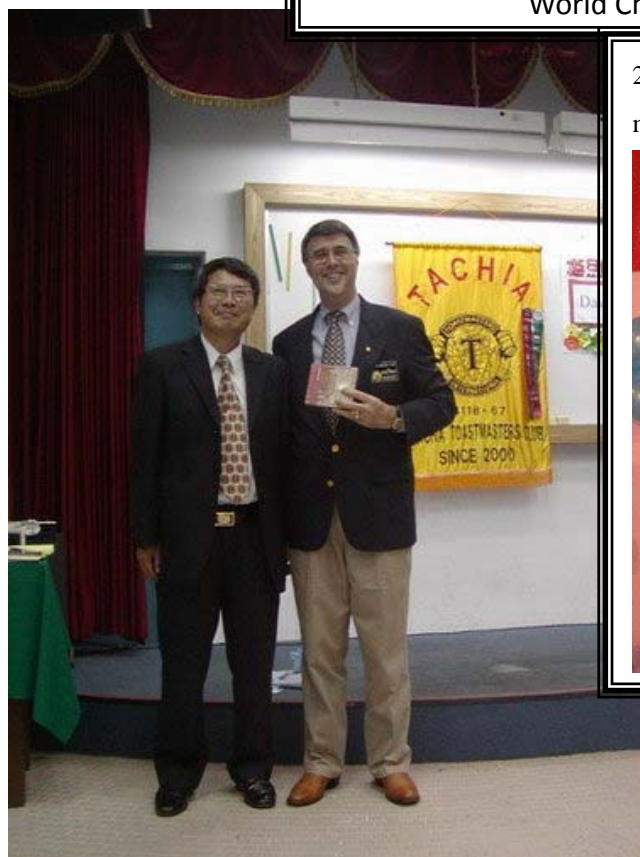


聽到 Richard 辭世的消息是在 12 月 16 日，我從合歡北峰下來，正在回台中的路上，是 Peter 在收到 e-mail 通知後打電話告訴我，才知道 Richard 在 11 月 25 日因咳嗽不止住院治療，發現時已是肺腺癌末期，12 月 15 日凌晨蒙主寵召。我共出席過兩次在教會舉辦的追思禮拜，第一次是 2004 年 Richard 的夫人，未料第二次竟是 Richard 本人，而且沒有機會親口和他說再見。牧師說：「他不是死去，他只是在主裡睡了的人。」在人生的馬拉松賽裡，Richard 比我早些跑到終點了，所以他可以比我早些休息，就此安息。

好生好死，友誼長存，重新檢視了存放在我電腦檔案裡的有關照片，他的模樣讓人好生懷念。



World Champion David Brooks' visit



2004.4.17 World Champion David Brooks 來大甲 Toastmasters Club 演講，Richard 是貴賓之一

2007 年 10 月 21 日鐵砧英語會成立大會，Richard 是 mentor 之一。



He is Our Forever MENTOR

He used to come to our venue earlier than us.

He used to encourage us by praising us.

He used to be a multi-role firefighter when we had low attendance rate.

He used to advise us to build a friendly atmosphere to recruit more members

He used to invite us to play ping-pong because he said health is very important.

He evaluated our speeches to make us better speakers.

He told us to read more for public speaking.

He always joined us on special days because he cared about us.

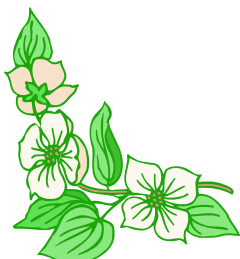
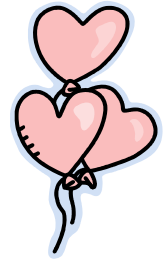
He always gave us seasonal greetings and practical messages.

He never said “No” whenever we needed him except this time.

His corporeal being faded away, but his spirit lives on in our hearts

This man is our MENTOR, Richard Wu.

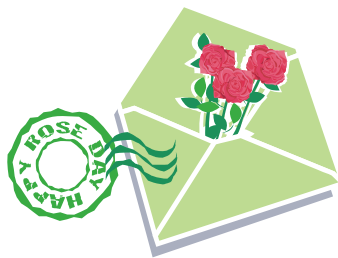
From the charter president Jessie Huang
and all the members of TCTC



Richard 參加大甲英語會 8 週年活動之一

A Letter to Richard

from Diane Chen



Dear Richard,

I am crying to write this letter to you. One day in the middle of Oct. Charles called me: "Diane, 你知道 Richard 人在哪裡?" 我說:"不知道", "我們來找 Richard 吃飯, 順便約幾個老朋友聚一下", 我說"太好了, I will e-mail to him", Charles 好高興的說那我等你的好消息, 我說 OK! 我會很快把 Richard 約出來。

Dear Richard, after I e-mailed to you, 我一天又一天的等, 等了很久, 等不到你的回音, 我很失望, 你竟然不理我, 那邊 Charles 正在等我的消息, 這邊我等不到你的信息, 我正想再一次 e-mail 給你的時候, Barbara 打電話來了, 她哭了, 我好緊張, 問她發生什麼事, 她一直哭, 很悲傷的說: Richard 走了, 呀!!.....我呆掉了, 我等不到你的 e-mail, 卻等到這麼殘酷的訊息, 這個訊息就好像 921 地震一樣, 震碎了我的心, 親愛的 Richard, 我們是好朋友啊! Why did you leave us without saying good-bye? You made all Toastmasters cry. Dear Richard, 我還要再等你的 e-mail 嗎? 你會不會回我的訊息呢? 唉! 如果會的話, 我在夢中等你。



你雖然走了, 你將永遠活在我們的心中, 你的精神將與我們同在, 謝謝上第賜給我們這一份美好的友誼真情, 留下了我們無限美麗的回憶, 我非常 enjoy 跟你在 FYTC 並排同坐三年的那段日子, 我記得你最喜歡穿一件灰色小格子黑色線條的西裝, 看起來好帥, 中半場休息, 你總是笑嘻嘻的叫一聲 Diane, 是那麼親切可愛, 我知道你看到我特別開心, 謝謝你把我當成最好的朋友, 所以我常常問你這個, 問你那個, 你總是不厭其煩的回答我。最讓我忘不了的就是我擔任會長將卸任的那一晚, 你說你沒空來, 實在很對不起, 結果你來了, 我好感動, 當主持人請你講話的時候, 你笑嘻嘻的站起來, 而且特別大聲的對大家說, 我今天無論如何一定要來, 再忙也要來, Diane 跟我說, "Richard 如果你今天不來我會死掉", 話一說完, 全場大笑, Richard 你好壞, 為什麼說的那麼大聲, 那是我的秘密, 因為我對每一個人都這樣說。

Anyway, I truly appreciate your precious friendship and all the fun we shared together. 那些以往的點點滴滴歷歷重現在我的腦海, 如今你走了, 我哭了, 萬般不捨的哭了……

Diane 淚筆 2011.1.11.

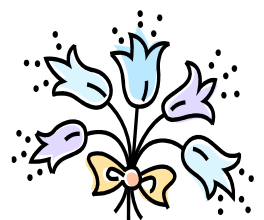


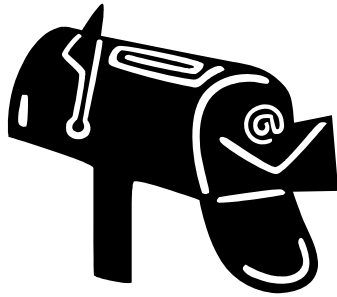


←World
Champion
Darren LaCroix
visited FYTC
under Richard's
invitation, 2002



Richard and FYTC senior members in an outing





A Letter to Richard

by Bruce Yang

Dear Richard:

When I got the email from James informing the bad news that you had passed away on Dec. 15, 2010, due to lung cancer, I was too astonished and sad to believe it. Why did bad things always happen to nice people? I doubted.

I attended your memorial service, read the memorial book edited by the pastor in charge of your memorial service to know more about you. I came to understand you were far greater than I could imagine when the blind children from Hui Ming School read their appreciation from the bottoms of their hearts and sang songs for you. You are an unsung hero to have spent much time accompanying, teaching and encouraging these physically challenging kids.

After the memorial service, we gathered outside the church. Charles said he was the first person to shake hands with you when you first joined Fengyuan Toastmasters club regular meeting. Charles told us how you managed to travel the world alone with little budget. From Jessie and Ming-wei I knew you were Tachia Toastmasters Club's mentor and during the first year you almost attended their every meeting...

Even though I was never a member of Fengyuan Toastmasters Club, I could feel your hearty welcome whenever I visited Fengyuan 2001-2002. I especially thanked you and Charles for your supports and encouragements when I was responsible for Speech Marathon section for 2002 Fall Convention held in Tachia. Without your help, I would have never made it.

To me, you are a very humble person. Never did you talk about your achievements or your personal life. However, on the other hand, you are humorous, confident and never say No in Toastmasters. You ever told to me, "I would rather focus on finding ways to solve problems to finish my assignment than simply keep complaining it's not fair." You taught me to lead by setting examples, so when I was President of Changhua Toastmasters Club, I asked all officers to join in-club speech contest, with me announcing my speech title first.

With a poor pronunciation and awkward body language, let alone dance on the stage,

I was doomed to fail in Toastmasters. However, your persistence epitomized the very spirits of Toastmasters, which inspired me that so long as I kept going without giving it up, I would find my own triumph one day. Finally I decided to achieve DTM and fulfilled my dreams at long last. Without your and Charles' encouragements, I dared not to dream big.

I know you would hate to see us sad for you. So, we would hold a memorial meeting for you on Jan. 25 night. Many senior members and old friends would attend the meeting. So would I. You must be very happy to see so many good friends to see you off, even though we can't hear your laughter any more.

Last but not the least, I sincerely hope you would have a new beginning with your late wife in Heaven. May God bless you.

----- Bruce

REACH OUT AND PROSPER
Toastmasters Fall Convention 2002 - Taiwan

The 2002 Convention Project Team

Project Manager-Convention Chair
Division B Governor Charles Chan

<p>Co-Chair Area 11 Governor Richard Wu</p> <p>Program Coordinantor Area 11 Ass. Governor Ming-wei Lu</p> <p>English Humorous Speech Contest Chair: TYTC President Susan Lin</p> <p>Entertainment Chair: 樂陶陶中文會會長李保金</p> <p>Registration Chair: NCBTC President Jenny Lee</p> <p>Facilities & Hospitalities & Chun-Lin Workshop Chair: TCTC President Robin Hsu</p> <p>Japanese Program Chair: 台中中央日語會會長阮玉蘭</p>	<p>Co-Chair Area 6 Governor Daivid Lee</p> <p>English Evaluation Contest Chair: BTC President Charles Chen</p> <p>Promotion Chair: CTC President Bruce Yuang</p> <p>Speech Marathon Chair: CTC President Bruce Yuang</p> <p>Publication Chair: WTC President Henry Chen</p> <p>Finance & Sponsor Chair: NTC President K. S. Tseng</p> <p>Educational Workshop Chair: TTC President Estela Chen</p>
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Reach out and prosper 6 5





Greetings from Fall Convention Chair

We all know that holding Fall Convention is tough; it needs a great deal of manpower and energy, and most of us, the 2003 Fall Convention Project Team, shall sacrifice a lot, but we are willing to accept this difficult job as a challenge, meanwhile, all the clubs in Division B & F decided to take the assignments wholeheartedly and to make it successful and unforgettable.

To make this vision happen, of course, Bill Lee and I need a strong team working hand in hand to fulfill the mission. When I called for preparatory meetings and gave assignments to each club leaders in Division B & F, they accepted the work without hesitation. They really demonstrated the spirit of toastmasters. I believe all of us bear ourselves with dignity and honor, and are ready to serve all the toastmasters members in Taiwan. I still remember the famous motto “Real pleasure is a serious matter” (the motto of Leipzig Gewandhaus Orchestra). Yes, we should try our best to make this convention as wonderful as it should be, therefore we made plans thoroughly and implemented them seriously; from the venue location, admission fees, program designing, registration arrangement, trainers invitation, even to the toilet paper which were all taken care of with the same attitude—patience and perseverance. We wish everyone who join the convention can enjoy all the services and programs



worth supporting and attending—that's what we wish for from the bottom of our heart. After several months preparation, now it's time for all attendees to examine and evaluate the outcome. I believe all the teammates have done their best to accomplish their assignments. Herewith, I would like to thank all the committee members and assistants that because of their efforts and dedication, this convention becomes possible.

Lastly I especially want to express my deepest gratitude to all participants from all over Taiwan for your generous support and encouragement. I do wish that several years later, you will still remember that there was an amazing and fantastic convention held in Providence University in 2003.

Best Wishes

Richard Wu, CTM, CL
Division B Governor 2003-2004



A Letter from William Lee - Division C Governor 2010-2011

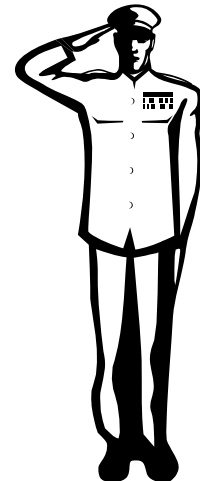
Dear Bro. Richard,

Heartfelt salutation to you! You were once the best toastmaster in Taiwan.

Your past great dedication to District 67 in promoting Toastmasters

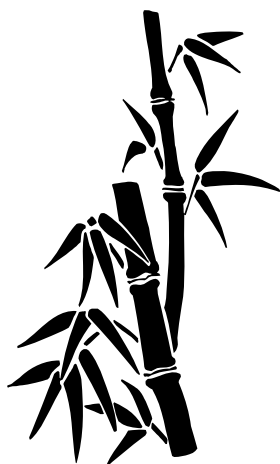
International was a memorable model to us. Now, you were called upon by the Father in Heaven trying to charter a Toastmasters Club there, right?

Hopefully, you will succeed and become a Charter President there. I believe that there will be our past brothers who can help you, such as 茶米 Tan (Bro. David Chen) and Bro. Jerry Ma. If you don't know where they live, please call Chair Father. I believe the Chair will give you the information. Once again, Richard (our best brother forever), please listen to my heartfelt salutation.



William Lee

Division C Governor 2010-2011

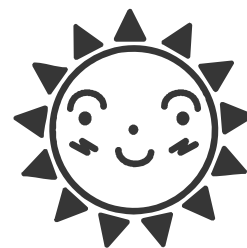


Hello! Richard 認識你應該有十幾年了,雖然我們常常在例會裡見面,印象中只記得你靦腆沈默的微笑,十幾年來我們的交談應該沒有超過十句話,這讓我覺得很遺憾,這讓我覺得在沒有更進一步的認識你就離開,但是我知道你是一位很誠懇,很低調,很熱心的一個大好人,沒有在你有生之年好好跟你暢談,使我感到十分的內疚,所以我我會更珍惜身邊的每一位朋友,送給你最虔誠的祝福,相信耶穌基督會帶領你在天之靈會保護您!

Camille Lai 敬上

*A Light that Shines ---
In Memory of Richard Wu*

Linda Tseng, Fluency



Sometimes the moon the stars refuse to shine in the dark lonely sky, but the light that we've seen will always give us warmth and sweetness.

Richard Wu, VIP of Fluency's 1st meeting

When Fluency was chartered in 2004, we knew nothing about Toastmasters. Mingwei helped with every agenda and invited many senior members to demo skills of different roles; Richard attended Fluency's first meeting and had been our frequent demonstrator ever since. Being a devoted toastmaster, he kindly offered us valuable experiences and warm helping hands.

Richard Wu, my C1 evaluator.

Once my evaluator, always my evaluator! I look up to him because he guided me on the first track and the following tracks as well. He was honored as our VIP guest at every Fluency anniversary party. Being a teacher and friend of Fluency, he brilliantly inspired us and gave us the biggest support.

Richard Wu, always a gentle smile

Whenever I saw him, he always had a gentle smile on his face. He devoted his efforts to Toastmasters with great enthusiasm and a sincere smile. He had been a capable Division governor, yet he was always so humble. I heard that he once gave a speech titled "Rather Burn than Rust Out", he was a decent gentleman and he burned his life to shine, with a gentle smile.

When we look into the lonely dark sky, sometimes the moon the stars refuse to shine, but we know they are up there somewhere. The light that we've seen will give us warmth and strength, just like the light that Richard had shared.

Thank you, Richard, for the light that will always shine.

Richard & Linda →
- Richard was the chief judge of 2007 Fluency in-club contest.



Richard Lives in My Heart Forever

by Teresa Chang

On Dec. 16, 2010, the news of Richard's death came from Susan's phone call as a bolt from the blue. I couldn't talk much with Susan because I was too shocked and sad. After hanging up the phone, I was sitting there alone in a daze, with all kinds of images of Richard coming to my mind. Then I burst into tears. I totally couldn't accept this shocking and heartbreaking news that Richard, our good friend, big brother, the vivid, vivacious, handsome, smart fellow toastmaster, passed away?! It must be a very big joke that God played with us. How can God be so cruel to summon a good friend from us in such a hasty way? No sign at all! We were not prepared!

Before long, Michelle called. I choked with sobs and was unable to speak clearly. Michelle felt strange and asked me what happened. I cried out to her "Richard is dead!" The tears were a way to soothe my sorrow and feeling of great loss. With Michelle's consolation, I calmed down gradually.

On Dec. 24, James, Charles, and Susan (might with some more members) went to visit Richard's son and see Richard's body. I told Susan that I decided not to go because it's really too sad to see Richard's cold body. I really want to keep the handsome and energetic image of Richard in my memory.

My first sight at Richard was during my first visit to FYTC back in 2002. It was the special meeting for World Champion Daren LaCroix, and Richard was the President of FYTC at that time. Standing on the stage, so handsome, composed, and confident, Richard's shining bearing immediately drew my full attention. I had a very deep impression on him since then.

After I joined FYTC as a member, whenever I saw Richard, he always wore friendly smile on his gentle face. All these years, he devoted himself into Toastmasters for developing personal growth, as well as helping others. His speeches with various educational, informative, and inspiring topics, always impressed and enlightened me a great deal. He was a person of great self-cultivation and noble-minded character. In my mind, Richard was a person of versatile aspects -- He was sometimes solemn, yet sometimes humorous. That's why I always adore, love, and respect him very much.

In 2003, when he was the Committee Chair of Fall Conference, he chose me as his secretary. I was still new with Toastmasters business at that time, but I opened up my eyes to witness what a great leader in Toastmasters was



like. I made the meeting minutes bilingually for the committee meetings. He always gave me positive and encouraging comments. In 2010, when he was the CEO of Spring Conference, he asked me to be the secretary again, I turned him down due to my personal busy schedule. I felt sorry to him within. Unfortunately, before long he resigned the CEO job because of his personal reason. Then he was absent from Toastmasters quite a few months due to his personal affairs. In his letter to us, he said he was in a “chaotic and terrible situation”. We tried our best to contact him and help him, but all failed for almost one year. Now, all of a sudden, the worst news hit us. What an unbearable loss to all of us.

One significant episode all TEATC members would definitely remember and appreciate forever is that Richard was the great savior to TEATC. He accepted the President job at the most critical and difficult time, and he created the world’s unique meeting style – impromptu meeting way. This makes TEATC the ONLY club having this meeting style in all Toastmasters clubs around the world. We are so proud of Richard, and we would like to be happily following his step to keep this tradition for generations to come.

Richard, a friend, brother, guide, navigator, teacher, and mentor, will live in my heart forever and ever. Richard, we love you, and we miss you.



← 7.7. 2009 FYTC Installation Ceremony -- Presidents of FYTC with Club banner



6.23.2009 → TEATC Installation Ceremony – Richard passed down the Presidency to Susan



In Memory of Richard Wu

by Marie Lin

Ivan and I were acquainted with Richard in church, Chingshui in 1997. After pastor's preaching we had a chat with him and randomly we introduced Toastmasters Club to Richard as he spoke English. I saw him a couple of times at toastmasters club. After marriage and child bearing I quitted toastmasters completely.

Other than church we met Richard once or twice at Police Station in Fengyuan to extend Ivan's residence visa. He greeted us warmly there. Before his wife passed away we didn't see him much. Starting from 2005 our memory of Richard was more clear. He told us he traveled around the world alone. Every time he visited us he's very carried away by political relationship between Ukraine and Russia and the talk with Ivan.

What impressed me and Ivan very much is that he's always there of our help. He knew that Ivan is not making a good living from art sale. Every time he stopped by us he picked up a painting right in his sight and paid for it. For 3 years he treated the Korean missionary group to Taichung Steak House and invited us along. He said his treat cost very little in comparison with the missionary effort. He even observed the tiny progress of our autistic boy Roman. Roman called Taichung Steak House as Uncle Richard's Restaurant for he goes there only with Richard. These days we told him the truth that Uncle Richard will no more accompany him there, but we'll go there as if we're with Richard.

Looking back the years with Richard we learnt what LOVE means – unspoken giving and care. This is exactly what Christianity is meant for. He lives up to Christianity to the very last moment without fear of death tolling. Thank God that we came to friend with Richard Wu, a man of merciful personality.

We'll try to live a giving life as Richard did !

Ivan Yehorov and Marie Lin



Richard and Roman (Marie and Ivan's son)



Richard and Pastor Kim (Korean Missioner) and Mrs. Kim in Taichung Steak House Restaurant.

Editor's note: Marie was an old FYTC member.

**Letters from Chares Chan and James Lin to Richard in 2004
to condole on his wife's passing away**

From: 詹德聰 Charles Chan

Sent: Thursday, August 26, 2004 1:59 PM

Subject: Our condolences to Richard



Dear Fellow Toastmasters of FYTC's, and others,

I just take advantage of this e-group sites to show our saddest feelings and condolences toward the passing away of Richard's wife. She died at the age of 53. The age that should be very brilliantly vibrant in family and community leading her easy way of life, yet she left for Heaven and left behind her most beloved husband and only son. She is living peacefully with God in the Heaven now.

Richard, as far as we have worked and played Toastmasters together closely for years, I know he has never said NO to any assignments from EVP, he never has once absent from the meetings during these seven more years. While he was the EVP of AREA 6 in Taichung area, David Wang was busy in the North, he himself took the great part of hard work sponsoring the nation-wide convention in Taichung National Restaurant, and that was a big success. As the Area 6 Governor, he made the greater part of the details and managements for the 2002 District Fall Convention in Tachia. That was the most successful convention in District 67 history. And then in his term of Division B Governor, he made Toastmasters in Taiwan the first time to associate with University to hold the 2003 District 67 Convention in Providence University, Taichung. The first, and most successful one. All the events and managements needed lots of time, needed lots of being enthusiastic, dedication and commitments.

Richard's wife made herself behind the scenes of Toastmasters and supported him with all her heart to make him bear no backyard-household concern and worry. We never met her, but usually we would call her to get her husband, Richard for us. Over the phone, her voice was always so sincere, friendly, and tender that surely would be lingering in our mind for good. The other day, several of us went to Richard's to pay our homage and condolences to them, I stood in front of the altar staring at her picture for a few moments and prayed silently to the God to bless this kind lady for her living peacefully in Heaven. She was such a nice woman supporting TMs that we owe her a lot of respect.

Richard Wu is the real TM in TMs. He is a real gentleman with integrity and humanity. He is a friend in need, and is a friend indeed. He lost his most beloved better half at the age of 53 that is the biggest trauma in his mind, and forever is. He deserves our love and sympathy, and everlasting support.

God bless thee.

Charles Chan - FYTC / TTC



From : James Lin

To: Richard Wu

Sent: Monday, August 23, 2004 3:58 PM

Subject: Our condolences to Richard

Dear Richard: I felt so sorry and sad to hear the passing away of your beloved wife. Please accept our deep condolences. In our mind, she was a respectable and kind lady; she gave you a warm and lovely family, and she also gave you enough space and time to dedicate to the society, like Toastmasters Club and church, etc. You had good and high reputation in our community, mostly owing to her sacrifice and assistance. We know that her passing away is your big loss.

Although you are a very strong and brave husband, we still hope you will keep stronger than before to face this sorrowful event. We are all beside you, and please tell us if there is any thing we can do for you.

Sincerely Yours

James Lin - President/FYTC



Richard with wife & son →
1988.5.7.

Richard's e-mail to TEATC members on Aug. 27, 2008

From: Richard Wu <herng.wu@msa.hinet.net>

To: Teresa Chang-OFP <teresa.chang@yahoo.com.tw>; Michelle.
<laimi@ms34.hinet.net>; Maggie Chang<maggie.ayming@gmail.com>; Lin
Susan <susanz@ms17.hinet.net>; Lee Jennifer jenniferlee@ms.aidc.com.tw>;
james lin <james.lin14@msa.hinet.net>; der_tsong_chan@yahoo.com; Agens
<agnes7550@yahoo.com.tw>

Cc: Richard Wu <herng.wu@msa.hinet.net>

Sent: Wed, August 27, 2008 7:59:04 AM

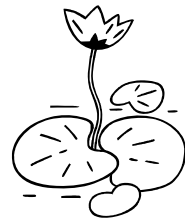
Subject: the picutre of TEA club members 080826

Dear All,

Attached is the picture of TEA club members taken yesterday for your reference.

Sincerely,

Richard Wu



Epilog from Editor ~~

While collecting and editing this commemorative album, I further learnt Richard's devotion and compassion. Let's turn our missing and sorrow into strength to continue the shine and glow from Richard. This beautiful poem might express what Richard wanted to say to us, and can soothe our grief.

收集與編纂這本紀念輯的過程，更加了解了 *Richard* 這一生的付出與博愛，讓我們把思念與哀愁化為力量，延續 *Richard* 生命力的光與熱，這首優美的英詩也許能表達 Richard 的心情，也能些許撫平你我的哀傷。

~~ Teresa Chang

Do Not Stand At My Grave and Weep

By Mary Elizabeth Frye (1905-2004)



Do not stand at my grave and weep;

I am not there. I do not sleep.

I am a thousand winds that blow.

I am the diamond glints on snow.

I am the sunlight on ripened grain.

I am the gentle autumn rain.

When you awake in the morning's hush,

I am the swift uplifting rush

Of quiet birds in circled flight.

I am the soft stars that shine at night.

Do not stand at my grave and cry;

I am not there. I did not die.

